

# NEWSLETTER

February 1989

### **PSYCHO-CYBERNETICS**

Wednesday, February 1, 7:30 p.m.

Psycho-cybernetics is a discipline using imagination, relaxation, and positive attitude to learn how to get more out of living. Dr. Alexander R. Mulligan, President of the Institute For Better Living, returns by popular demand to continue his discussion of how psychocybernetics can change your self-image, raise your self-esteem, and help you look and feel healthier.

### **MUFFIN MADNESS**

Saturday, February 4, 1:30 p.m.

Cooking expert Harriet Rosenthal will show you, step-by-step, how to make delicious muffins using nutritious oat bran. Baking will be done at the demonstration and you will have the opportunity to taste the finished product. All ingredients will be natural. The program is open to adults and their school age children, but class size is limited. Please call 261-6930 to register.

### MATRIMONIAL LAW

Tuesday, February 7, 7:30 p.m.

There have been many recent changes in the area of matrimonial law in New York State. Attorneys from McHenry, Glockner, Toto & Horan, P.C. will explore your legal rights prior to, during, and after the disolution of a marriage. Topics will include pre-nuptial agreements, separation agreements, divorce, alimony, child support and custody, and distribution of marital property. A question and answer period will follow.

## TRAVEL BOOKS & GUIDES

Wednesday, February 8 7:30 p.m. Snow date Feb. 22

Leo Kornfeld, proprietor of Travelore Books, will explore "Travel Books &



Guides — What to Read Before & What to Take Along On Your Next Trip." Mr. Kornfeld will critique the wellknown annuals such as Fielding's, Fodor's, and Frommer's as well as excellent but not-so-well-known guides and travel kits. He will also examine the many USA country inn, bed & breakfast, and weekend guides on the market, as well as books on adventure travel.

### LYRA CHAMBER PLAYERS

Friday, February 17, 8:30 p.m.

The Lyra Chamber Players will present "Chamber Music of the World" for flute, violin, viola, cello, bass, and harp. The program will include works from France (Debussy), Japan (Yashiro), Israel (Ben-Haim), Brazil (Villa-Lobos), Germany (Bach, and the United States (Cowell). Tickets, which go on sale Feb. 4, are \$1.00 for adults, 50¢ for students, senior citizens, and handicapped persons.

JAZZ PIANIST LLOYD MAYER PRESENTS "HONORING DUKE ELLINGTON" Friday, February 10 8:30 p.m.

February has traditionally been the month in which we recognize the contributions and achievements of Black Americans. This year



jazz pianist Lloyd Mayer joins us to celebrate Black History Month with "Honoring Duke Ellington", a salute to the artist who, more than any other, captured the essence, the spirit, and the genius of America's music — jazz.

Lloyd Mayer, like the Duke, is a multigifted artist. He is a pianist, recording artist, arranger and conductor, and accompanist for performers like Sammy Davis, Gloria Lynn, and Ruth Brown. He arranged and conducted the music for the Broadway show, *Sophisticated Lady*, and conducted *New World a Comin'* with the Cleveland Symphony.

Tickets, which are on sale now, are \$1.00 for adults 50¢ for students, senior citizens, and handicapped persons. This program, which is co-sponsored by International Art of Jazz, Inc., is made possible with special funding from the National Endowment for the Arts, the New York State Council on the Arts, and the Suffolk County Office of Cultural Affairs.

### LONG ISLAND — IS YOUR **DRINKING WATER SAFE?**

Monday, February 6, 7:30 p.m.

Mr. Paul J. Trafas, one of three water specialists certified on Long Island by the W.Q.A. (Water Quality Association), will discuss the Long Island aquifer system and common contaminants. He will also explain and demonstrate carbon filters, reverse osmosis, and distillation — the three main options for purifying household water. Your questions are welcome.

### WHAT'S INVOLVED IN SELLING YOUR HOME

Thursday, February 16, 7:30 p.m.

Representatives from Merrill Lynch Realty will present an overview of the home selling process, from the decision to sell through the closing, with a look at problems that may arise along the way and strategies to avoid them. Topics will include preparing the house for sale, negotiating offers, binders, contracts, and contingencies, along with an update on current market conditions and interest rates.

### THE CATASTROPHIC HEALTHCARE **BILL: INVESTMENT IMPLICATIONS FOR SENIORS**

Friday, February 3, 1:00 p.m.

The new catastrophic healthcare bill will be financed entirely by one group — that portion of our population aged 65 and older. It is possible that the law will turn into a catastrophic tax increase for seniors. Representatives from PaineWebber will discuss the potential negative consequences of the new bill for seniors and offer suggestions for investment planning to avoid them.

### **NOVEL IDEAS**

Friday, February 10, 1:00 p.m.

The Good Terrorist by Doris Lessing will be discussed at this month's meeting. Please call Ms. Gillman, Reference Librarian, at 261-6930 if you would like to join this group.

### **DEFENSIVE DRIVING COURSE**

Monday, February 27 & Tuesday, February 28

7:00-10:00 p.m.

Mr. David Decker of the National Safety Council will present a six-hour Defensive Driving Course. Completing the course will qualify motorists for a reduction of 10% on their motor vehicle insurance premium for collision and liability each year for three years, as well as a reduction of three points on their driving record. Registration applications may be picked up at the library beginning February 13, and there is a \$35 fee.

### POETRY READING/DISCUSSION

The American Dreams Reading/Discussion Series which so many of you enjoyed last Spring was held in fifteen libraries in Suffolk County this past year. The Northport-East Northport Public Library registered more participants than any other library. We thank all of you who joined us on those stimulating evenings.

We are happy to announce a new series to be held this Spring — a Poetry Reading/Discussion series based on the Voices & Visions television programs recently aired on Channel 13. William Fahey, local poet/scholar, will conduct four sessions on Tuesday evenings, March 21 & 28, April 4 & 11, 7:30 p.m. at the Northport Library. Check our March newsletter for further details.

### CHECK YOUR DUE DATE!

Enjoy your videos during these winter months, but please keep in mind that there is a \$5.00 per day fee for each video returned late.

### **Exhibits**

Northport

Adult — Illustrations by Chuck Liese Display Case — Exhibit by Coast Guard Auxiliary Children's Room — The Shadow Theatre of Java, Mrs. Tamara Fielding

**East Northport** 

Adult — Modern Acrylics by Jerry Reynolds Children's Room — Art Work by Students from St. Paul's School

### It's Tax Time Again!

### **Volunteer Income Tax Assistance**

V.I.T.A. volunteers will be on hand at both library buildings to answer your questions and help you fill out your tax forms on Saturdays from 9:00-12:00 noon beginning February 11 and continuing through April 8. V.I.T.A. is sponsored by the Hofstra University Tax Society in conjunction with the Internal Revenue Service. Tax-Aide Program for Seniors

AARP (American Association of Retired Persons) counselors, trained by the IRS, will be available at the East Northport branch on Friday mornings from 9:00 a.m. - 1:00 p.m., beginning February 3. The AARP Tax-Aide Program is designed to inform senior citizens of special tax provisions for the elderly. Help is also offered in completing state income tax forms and special state and local forms. AARP counselors will be available at East Northport through April 14.

### **EAST NORTHPORT NOTES**

Howard Boltson, one of our more frequent library users, has given us a welcome boost. Mr. Boltson coauthors a column in *Killdeer*, the Huntington Audubon Society's Journal, and in his December/January entry is the following:

First, however, a quick reading tip. We've just finished Jack Connor's Complete Birder. It's great fun, describing the frustrations and satisfactions of birding, and also provides many useful tips for better field identification. Copies can be found in the Huntington and EAST NORTHPORT [capitals ours] libraries. Do yourself a favor by reading it. Thank you Mr. B.

One of our poetic patrons has been published in the *Long Islander* and he proudly left a note for us to that effect. So, good luck to you, Richard Blake. We turned to "Walt's Corner" in the December 1 issue and we enjoyed your poem.

LEARS: For the Woman Who Wasn't Born Yesterday is the newest addition to our magazine collection. If the women pictured on these glossy pages is any indication of today's older women, "age, where is thy sting?" Come in and read a copy and see what you think.

### SUN BELT AND SECOND HOME SEMINAR

Wednesday, February 8, 8:00 p.m.

Are you thinking of retiring to the Sun Belt, or are you interested in relocating to another state? Representatives from Carll Burr Realty will explore second home opportunities in other parts of the country. Information will also be given on how to prepare your current home for sale. An attorney, accountant, mortgage representative, and Carll Burr's relocation specialist will be on hand to answer questions. Please join us.

### **BOOK & SANDWICH (W)RAP**

Our short story discussion group will meet this month on Thursday, February 2, 1:00 p.m., at the East Northport Library. New participants are always welcome. Call Molly Schoen at 261-2313, or come to the East Northport Library to register.

## Northport-East Northport Public Library

## **Calendar of Events February 1989**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Transle or of the second state of the second s		Sign-up begins for YA Valentine Hearts Workshop on Feb. 9  *Toddler Time (N) 1:30 pm  *Toddler Time (EN) 10:15 & 11:15 am  Psycho-Cybernetics (N) 7:30 pm	*Mother/Infant Discussion Group (EN) 9:30 am  *Preschool Storytime (N) 10:15 & 11:15 am  Book & Sandwich (W)rap (EN) 1 pm	Medicare/Medicaid Assistance (N) 9-12 noon by appt.  AARP Tax-Aide (EN) 9-1 pm  *Parent/Child Workshop (N) 10 am  *Preschool Storytime (EN) 10:15 & 11:15 am  The Catastropic Healthcare Bill (N) 1 pm  *Story Parade (EN) 4:00-4:45 pm	Ticket sales begin for Lyra Chamber Players on Feb. 17  *Parent/Child Workshop (N) 9:30 am  *Tiny Chefs (N) 11:00 am *Chefettes (N) 12:30 pm  *Muffin Madness (N) 1:30 pm
The Family Hour (N) 2 pm	6 Sign-up begins for YA Attention Young Musicians! on Feb. 23  *Dance Exercise (N) 10 am & 11 am  *Preschool Storytime (N) 10:15 & 11:15 am  *Toddler Time (EN) 10:30 am  Long Island — Is Your Drinking Water Safe? (N) 7:30 pm	*Preschool Storytime (EN) 10:15 & 11:15 am  *Toddler Time (N) 10:15 & 11:15 am  *Story Parade (N) 4:00-4:45 pm  Matrimonial Law (N) 7:30 pm	*Toddler Time (N) 1:30 pm  *Toddler Time (EN) 10:15 & 11:15 am  Sun Belt & Second Home Seminar (EN) 8 pm  Travel Books & Guides (N) 7:30 pm  Great Books (N) 8 pm	*Mother/Infant Discussion Group (EN) 9:30 am  *Preschool Storytime (N) 10:15 & 11:15 am  (YA) *Valentine Hearts & Flowers In Chocolate (N) 7:30 pm	10 Medicare/Medicaid Assistance (N) 9-12 noon by appt. AARP Tax-Aide (EN) 9-1 pm *Parent/Child Workshop (N) 10 am *Preschool Storytime (EN) 10:15 & 11:15 am Novel Ideas (N) 1 pm *Story Parade (EN) 4:00-4:45 pm *Pianist Lloyd Mayer (N) 8:30 pm	V.I.T.A. Tax Assistance (N & EN) 9-12 noon *Parent/Child Workshop (N) 10 am *Tiny Chefs (EN) 11 am *Chefettes (EN) 12:30 pm Saturday Afternoon Movie Time: Ben & Me; Incredible Book Escape (N) 3 pm
The Family Hour (N) 2 pm	*Dance Exercise (N) 10 am & 11 am *Preschool Storytime (N) 10:15 & 11:15 am Sign-up begins for Winter Sessions II of Preschool Storytime and Toddler Time Registration begins for Defensive Driving on Feb. 27 & 28	Sign-up begins for Stained Glass Suncatcher Workshop on 2/21 Sign-up begins for March-April Story Parade Series (N & EN)  *Preschool Storytime (EN) 10:15 & 11:15 am  *Story Parade (N) 4:00-4:45 pm	YA Baseball Card Collectors Club (N) 7 pm Library Board of Trustees Meeting (N) 7:30 pm	Sign-up begins for Fun With Foil Workshop on 2/23  *Mother/Infant Discussion Group (EN) 9:30 am  *Preschool Storytime (N) 10:15 & 11:15 am  What's Involved In Selling Your Home (N) 7:30 pm	17 Medicare/Medicaid Assistance (N) 9-12 noon by appt. AARP Tax-Aide (EN) 9-1 pm *Parent/Child Workshop (N) 10 am *Preschool Storytime (EN) 10:15 & 11:15 am *Lyra Chamber Players (N) 8:30 pm	V.I.T.A. Tax Assistance (N & EN) 9-12 noon  *Parent/Child Workshop (N) 10 am  Saturday Afternoon Movie Time: Oh Boy, Babies; A Horse Called Jester (EN) 2:30 pm
19	<b>20</b> Washington's Birthday Observed — Library Closed	*Stained Glass Suncatcher Workshop (EN) 2:30 pm	Special Vacation Movie: Bambi (N) 3:30 pm  Snow Date for Travel Books & Guides (N) 7:30 pm  Great Books (N) 8 pm	*Fun With Foil Workshop (N) 3:30 pm  (YA) *Attention Young Musicians! (N) 7 pm	Medicare/Medicaid Assistance (N) 9-12 noon by appt.  AARP Tax-Aide (EN) 9-1 pm  Puppetime Players (N) 3:30 pm	V.I.T.A. Tax Assistance (N & EN) 9-12 noon
26	*Dance Exercise (N) 10 am & 11 am  *Preschool Storytime (N) 10:15 & 11:15 am  *Toddler Time (EN) 10:30 am  *Defensive Driving (N) 7 pm	*Preschool Storytime (EN) 10:15 & 11:15 am  *Toddler Time (N) 10:15 & 11:15 am  *Defensive Driving (N) 7 pm		eller		

Note: Italic type indicates Children's Programs.

N = Northport Library EN = East Northport Library \*Occupancy of our meeting room is limited. Pre-registration or tickets required for this program.

## Young Adult Programs

## VALENTINE HEARTS AND FLOWERS IN CHOCOLATE

Thursday, February 9, 7:30 p.m.

Ages 12 and up

Give the sweetest gift of all. Learn how to create a beautiful heart and cupid or a long stemmed rose at our chocolate-making workshop. Enrollment is limited. Sign up at either library beginning Feb. 1st.



Thursday, February 23, 7:00 p.m.

Have you been thinking about buying a guitar, drum set, or other musical instrument? Do you know what to look for and how to get the best value for your money? Experts from Sam Ash store will be on hand to talk about the purchase and care of brass and woodwinds, string instruments, drums, keyborad and audio systems. All are welcome. Please sign up at either library beginning Feb. 6th.





### The Books We Read Last Summer

Reviews by members of the Young Adult Summer Reading Club 1988

Fading Memory
Millions of tiny, delicate shells

Tossed by the restless sea
Dot the warm and glistening sand
Treasures there for me

Sunbathers perched on festive towels Bask on the tranquil beach, Colorful sailboats drifting by Seem just out of reach

Soft and billowing clouds up above Slowly go drifting by Vigorous athletes, here below, Stretch up toward the sky

Decorative umbrellas line the shore Children dig, build and run, Vendors sell soda and ice cream, What a day in the sun!

Breathtaking seascape, fading memory, Don't pass before my sight! I do not think I can survive, this frigid, snowy night.

> Thomas Kessler, Grade 8
>  St. Anthony of Padua
>  (Honorable Mention Poetry, "The Write Stuff" Creative Writing Contest 1988)

20,000 Leagues Under the Sea by Jules Verne

The Professor and his servant and Ned went looking for a monster that everyone was afraid of. They found the monster and discovered it was a submarine. The Captain of the sub was Nemo. He and the three others shared many adventures together under the sea.

Bethany Burr, Grade 7
 Middleville Junior High

Tunnel In The Sky by R.A. Heinlein

About Rod Walker who, in a survival class final is dumped on an alien planet to survive for 2-10 days. A nova messes up the gate and they are not retrieved for 2 years. Rod becomes Mayor of the group of 10 students that have gathered together for survival. It tells of the problems of life on the frontier, and the problem of returning when the "gate" opens

Adam Kruckeberg, Grade 11
 Northport High School

Of Mice & Men by John Steinbeck

Of Mice & Men was about two men, Lenny and George, who went to work on a farm and they had some trouble because Lenny was slow and people made fun of him. There were quite a few conflicts, Man vs. Man, Man vs. Himself, and Man vs. Nature. I do not read a lot of books and I feel that this book was very good.

Bobby Grinewich, Grade 10Northport High School

Anne of Green Gabels by Lucy Montgomery

It was a great book. Very descriptive. I have and always will have a picture of the house, room, and all the people in Avonlea. I feel I know Anne and all her friends. Whenever I read the "Anne Books." I feel very at home. I plan to read more of these wonderful adventures.

Carrie Ingoglia, Grade 7
 Middleville Junior High

Pigman by Paul Zindel

Two teenagers discover an old house with an old man living there. He teaches them to look at life in a positive way. They go on different adventures. It is a lot of fun.

Emily Polk, Grade 7East Northport Junior High

## Children's Programs

### SPECIAL STORYCRAFT PROGRAM

(Northport) Sundays, February 5 & 12, 2:00-2:45 p.m. The Family Hour with Miss Burton continues. Come and enjoy the stories and crafts! No registration is necessary.

### WORKSHOPS

### Stained Glass Suncatchers

(East Northport) Tuesday, February 21, Gr. 4-6, 2:30-3:15 p.m. Sign-up begins Feb. 14.

### Fun With Foil

(Northport) Thursday, February 23, Gr. 1-6, 3:30-4:15 p.m. Join Mr. Jack Lerner for this fun workshop! Sign-up begins Feb. 16.

### TINY CHEFS & CHEFETTES

Linda Dennis Szeglin will conduct these popular cooking workshops where children are introduced to basic culinary skills and nutrition.

Northport — Saturday, February 4. Sign-up began Jan. 28 Tiny Chefs, 3<sup>1</sup>/2-5 year olds, 11:00-12:00 noon Chefettes, Gr. K-3, 12:30-1:30 p.m.

East Northport — Saturday, Feb. 11. Sign-up begins Feb. 4
Tiny Chefs, 3<sup>1</sup>/2-5 year olds, 11:00-12:00 noon
Chefettes, Gr. K-3, 12:30-1:30 p.m.
Sign-up begins Feb. 4

### VACATION MOVIE SPECIAL

(Northport) Wednesday, February 22 — Bambi. Gr. K-6. 3:30 p.m. 70 min.

### SATURDAY AFTERNOON MOVIE TIME

(Northport) Saturday, February 11 — *Ben and Me & Incredible Book Escape*. 3:00 p.m. 66 min.

(East Northport) Saturday, February 18 — Oh Boy, Babies & A Horse Called Jester. 2:30 p.m. 85 min.

### STORYTIME REGISTRATIONS

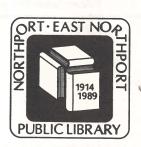
Preschool Storytime — Winter Session II
Register beginning Monday, Feb. 13.
Toddler Time — Winter Session II
Register beginning Monday, Feb. 13.
Story Parade — March-April Sessions
Register beginning Tuesday, Feb. 14.

### THE PUPPETIME PLAYERS

(Northport) Friday, February 24, 3:30-4:15 p.m. Gr. K-6 The Puppetime players join us for a show of funfilled skits that will delight the whole family. Featured will be Waldo the Magic Clown, with his tricks, songs, and silliness. Puppeteers Eric Wald and Susan Mitchell have entertained hundreds of children with original skits and new twists on traditional fairy tales and Aesop's fables.

## Upcoming Program — CREATIVE PARENTING

A six-part workshop for parents of children — from preschoolers to teens. Series begins Thursday, March 9, 7:30 p.m., at the Northport Library. Sign-up begins March 1. Look for details in the March newsletter.



LIBRARY BOARD OF TRUSTEES Mr. Stuart Goldblatt, Chairperson

Mrs. Jennifer Richmond Mrs. C. Annette Carr Mrs. Ruth McKay Mr. Anthony DiFranco

### LIBRARY ADMINISTRATION

Stephanie Heineman, Director Eileen Minogue, Ass't. Director Molly Schoen, Branch Librarian Editor - MaryEllen Moll Northport Library 151 Laurel Avenue Northport, N.Y. 11768 Northport Phone: 261-6930

East Northport Library 185 Larkfield Road E. Northport, N.Y. 11731 E. Northport Phone: 261-2313

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Calendar February 1989

CART-SORT\*\*CR
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#### **HOURS**

9 to 9 Monday thru Friday

9 to 5 Saturday

1 to 5 Sunday Sept. 18 thru June 11 (Northport only)