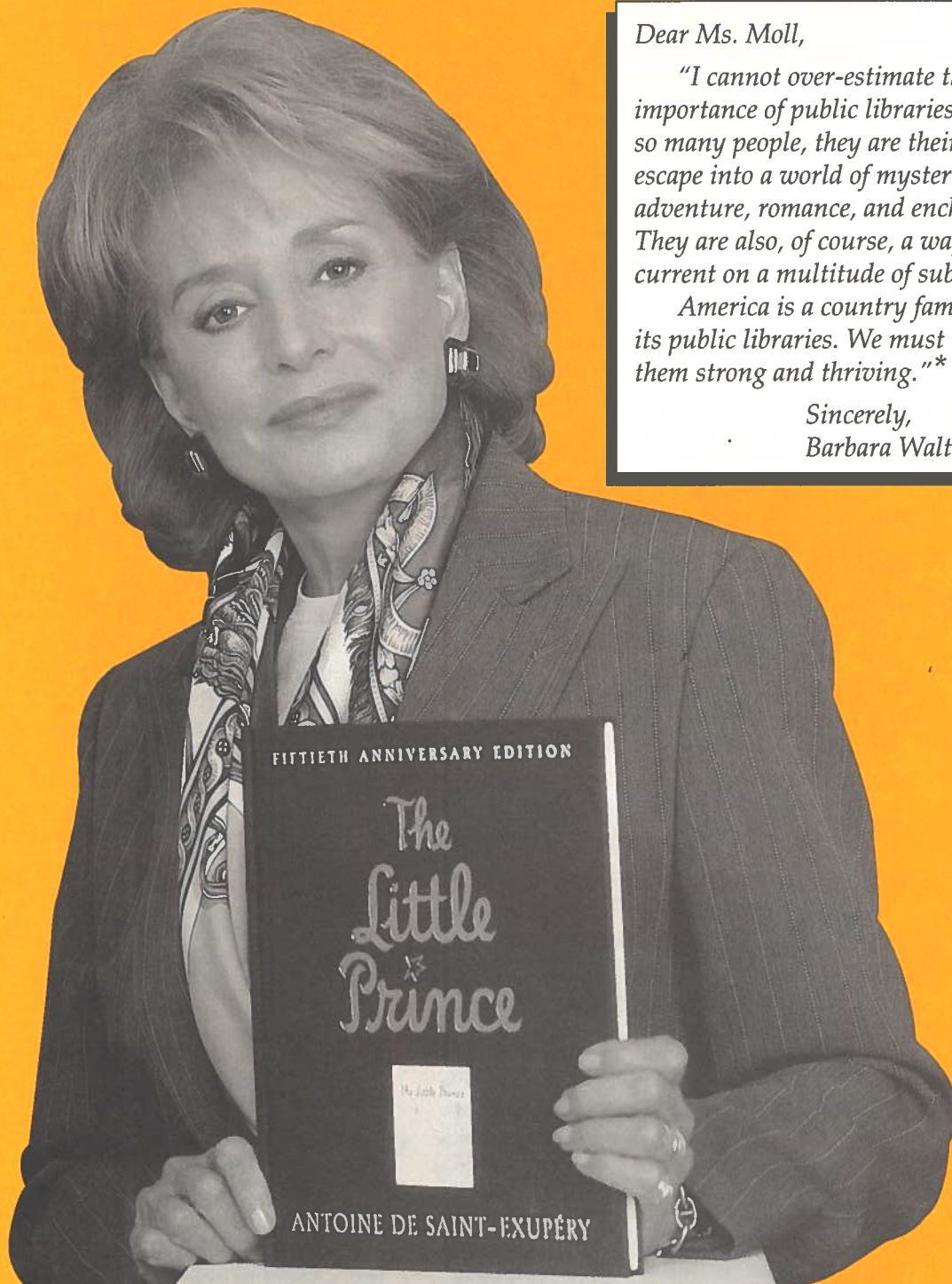


THE LIBRARY

May 1998



Dear Ms. Moll,

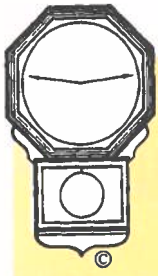
"I cannot over-estimate the importance of public libraries. For so many people, they are their only escape into a world of mysteries, adventure, romance, and enchantment. They are also, of course, a way to stay current on a multitude of subjects.

*America is a country famous for its public libraries. We must keep them strong and thriving."**

Sincerely,
Barbara Walters

*Barbara Walters' long and distinguished career has been an inspiration for many generations of Americans. When our newsletter editorial committee decided to feature her American Libraries Association poster on the cover of our May newsletter I wrote to her and asked her to comment on the importance of public libraries in our lives.

MaryEllen Moll
Community Services Librarian



Prime Timers

DECISION MAKING DAY: HEALTH CARE PROXY & POWER OF ATTORNEY

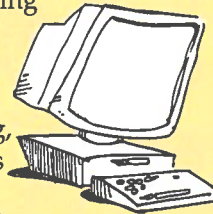
Thursday, May 7, 2:00 p.m.

Attorney Winterbrook Ryan, a volunteer speaker for "Decision Making Day," sponsored by the Elder Law Section of the New York State Bar Association, will help you understand the New York health care proxy and the durable power of attorney, two legal documents that provide for making health care and financial decisions when a person is no longer able to do so. Informational brochures and samples of these documents will be available. Your questions are welcome.

HOUSING CHOICES FOR SENIORS

Thursday, May 14, 7:30 p.m. or
Wednesday, May 20, 2:00 p.m.

Fern Karhu and Bart Cafarella of Senior Housing Consultants, which is affiliated with Prudential Long Island Realty, will provide information on many aspects of housing for seniors including senior condo and co-op complexes, rental housing, assisted-living residences, long-term care facilities and federally subsidized housing that can be found on Long Island. Karhu and Cafarella host the weekly WGBB radio program "Seniors on the Move." All are welcome.



HEALTH INSURANCE INFORMATION, COUNSELING & ASSISTANCE PROGRAM

Friday, May 8, 9:15 a.m. -12:15 p.m.
Thursday, May 28, 1:00-4:00 p.m.

HIICAP-trained counselors answer questions about Medicare, HMOs, and supplementary health insurance. Call 261-2313 to make an appointment in East Northport.

NOVEL IDEAS

Friday, May 15, 1:00 p.m.
Monday, May 18, 7:00 p.m.

Our discussion this month will focus on National Book Award winner *Cold Mountain* by Charles Frazier. To join this group call our discussion leader, Librarian Dodie Gillman, at 261-2313.

BOOK & SANDWICH (W)RAP

Tuesday, May 5, 7:00 p.m.
Thursday, May 7, 1:00 p.m.

This month's short stories are from *Mothers: Twenty Stories of Contemporary Motherhood*. We'll discuss "The Daguerreotype" by Julia Whitty, "Starlight" by Marian Thurm, and "Quality Time" by Barbara Kingsolver. To join us, call our discussion leader, Librarian Michelle Epstein, at 261-2313.

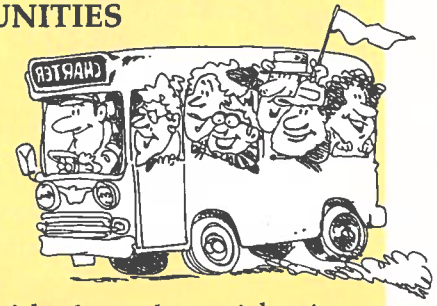


— For Adults —

TRAVEL OPPORTUNITIES FOR SENIORS

Wednesday, May 13
2:00 p.m.

Pat Pasquini, travel coordinator with The Prime Time Travel and Leisure Club, a travel service for those 55 and over, will discuss some of the day and overnight trips that have been planned for members in this free club.



ELDERHOSTEL

Thursday, May 28, 10:30 a.m.

New horizons in learning and creativity are in store for you through the Elderhostel experience. Elderhostel representative David Allen will describe the exciting variety of programs available both in the United States and internationally. All are welcome.

SENIOR PC 101

Wednesday, May 6, 2:00 p.m.

Computer consultant Ron Richards tells you all you need to know about today's computers, what they do and how you can have fun with them without going back to school. In non-technical, easy-to-understand terms, Mr. Richards will talk about Windows95, the keyboard, the mouse, "going online," and saving to floppy discs. There will be a computer for demonstration and time for your questions.

55/ALIVE MATURE DRIVER PROGRAM

Monday, June 22 & Wed., June 24 9:30 a.m. - 1:30 p.m.

AARP's two-part course is open to anyone 50 years of age or older. Registration begins Saturday, May 16. There is an \$8 fee, payable to AARP by check or money order only. To facilitate registration, please bring your library card.



Saturday, May 30

9:00 a.m. - 4:00 p.m. Fee: \$30

Applications for this six-hour course (1 hr. break for lunch) may be picked up at the East Northport Library beginning May 2.

The Friends of the Library invite you to:

ELDERCARE: RESOURCES FOR CAREGIVERS

Thursday, May 7, 7:30 p.m.

Home care, adult homes, community resources, and financial issues are concerns we all share as we approach our senior years. Medical Social Worker Adair DeLamater, RN, CSW, will give basic guidance, answer questions, and provide handouts. Ms. DeLamater has worked in hospitals and nursing homes for the past 18 years. Caregivers and seniors will benefit from her expertise.

Northport-East Northport Public Library

Calendar of Events

May 1998

This month we honor older Americans.

East Northport Floral Decorations:
Fran Montague of the Larkfield Community Garden Club



Thank You! On April 7 the 1998/99 Library Budget was overwhelmingly approved by voters. As we look forward to the new fiscal year — in two beautiful new library buildings — we reaffirm our commitment to provide the community with outstanding library service.

Very truly yours,
The Library Board of Trustees

FIRESIDE FRIDAYS
Join us around the fireplace at the East Northport Library for three special events. Limited seating is available. Tickets for our fireside programs are available at the library beginning May 1.

LONG ISLAND TUBA QUARTET
Friday, May 8, 7:30 p.m.
Don Sherman and Michael Canipe on the euphonium (tenor tuba) and Bill Troiano and Jeff Furman on tuba have delighted audiences throughout Long Island with their repertoire of Baroque, classical, rock & roll, and jazz.

POETS NIGHT & OPEN READING
Friday, May 22, 7:30 p.m.
Share your verse in our new monthly poetry series. The featured poet this evening will be Bruce Johnson. Please call the library to sign up for an open reading time.

"3-DAY WEEKEND" presents FIRESIDE JAZZ
Friday, May 29, 7:30 p.m.
Don't miss the return engagement of jazz ensemble "3-Day Weekend," featuring saxophonist David Reminick.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Gallery Japanese Washi Paper Sculpture by Lisa Windus Display Case Artwork and books by students of the Ocean Avenue Publishing Company, coordinated by Lisa Pratt, Coimbra Sirica and Rosie Ratner				
3	4 Registration begins for Toilet Learning, on 5/18 *Tales For Two 9:30 am & 10:30 am *For Fours 1 pm & 2 pm	5 *For Fours 9:30 am & 10:30 am *Book & Sandwich (W)rap 7 pm *Defensive Driving 7 pm	6 Registration begins for NYS Young Boaters License Course *Laptime 9:30 am & 10:30 am *On My Own 1 pm & 2 pm Free Blood Pressure Check 1-3 pm Senior PC 101 2 pm *55/ Alive Mature Driver Program 7 pm	7 *On My Own 9:30 am *Lyme Disease Self-Help Course 10 am - 12 noon *Tales For Two 1 pm & 2 pm *Book & Sandwich (W)rap 1 pm *Health Care Proxy & Power of Attorney 2 pm Eldercare: Resources for Caregivers 7:30 pm	8 *Health Insurance Information, Counseling & Assistance Program 9:15 am - 12:15 pm by appt. *Parent/Child Workshop 9:30 am Young Adult Book Reviewers 4-5 pm *Story Parade 4 pm Knitters' Circle 7 pm *Fireside Friday: Long Island Tuba Quartet 7:30 pm	9 *Health Insurance Information, Counseling & Assistance Program 9:15 am - 12:15 pm by appt. *Parent/Child Workshop 9:30 am Young Adult Book Reviewers 4-5 pm *Story Parade 4 pm Knitters' Circle 7 pm *Fireside Friday: Long Island Tuba Quartet 7:30 pm
10	11 *Tales For Two 9:30 am & 10:30 am *For Fours 1 pm & 2 pm	12 Registration begins for Teddy Bears Picnic, on 5/26 *For Fours 9:30 am & 10:30 am Netwalk Internet User Group 7:30 pm	13 *Laptime 9:30 am & 10:30 am *On My Own 1 pm & 2 pm Travel Opportunities for Seniors 2 pm *55/ Alive Mature Driver Program 7 pm	14 *On My Own 9:30 am *Lyme Disease Self-Help Course 10 am - 12 noon *Tales For Two 1 pm & 2 pm Housing Choices for Seniors 7:30 pm	15 *Parent/Child Workshop 9:30 am *Novel Ideas 1 pm *Story Parade 4 pm Knitters' Circle 7 pm	16 Registration begins for 55/ Alive Mature Driver Program, on 6/22 & 6/24
17	18 *For Fours 1 pm & 2 pm *Novel Ideas 7 pm *Toilet Learning 7 pm	19 *For Fours 9:30 am & 10:30 am Oral History Project 7:30 pm Friends of the Library 7:30 pm	20 Housing Choices for Seniors 2 pm *55/ Alive Mature Driver Program 7 pm	21 *Lyme Disease Self-Help Course 10 am - 12 noon Library Board of Trustees Meeting *YA/ NYS Young Boaters License Course 7-9 pm Netwalk Basics 7:30 pm	22 *Parent/Child Workshop 9:30 am Knitters' Circle 7 pm *Fireside Friday: Poets Night & Open Reading 7:30 pm	23 Tickets available for Theatreworks' "The Commedia Princess and the Pea," on 6/6
24 Library Closed	25 Memorial Day - Library Closed 	26 *Teddy Bears Picnic 9:30 am	27 *55/ Alive Mature Driver Program 7 pm	28 Elderhostel 10:30 am *Health Insurance Information, Counseling & Assistance Program 1-4 pm by appt. *YA/ NYS Young Boaters License Course 7-9 pm	29 *Parent/Child Workshop 9:30 am Knitters' Circle 7 pm *Fireside Friday: "3-Day Weekend" 7:30 pm	30 *Book-A-Trip to Lancaster, PA departs 7:30 am *Defensive Driving 9 am - 4 pm
31						

BOOK-A-TRIP
to
Norwalk, Connecticut
Tuesday, June 16, 1998

Departure: 9:00 a.m. from the Laurel Ave. School parking lot (across from Northport Library)
Return: 7:30 p.m.

Cost: \$53.00 per person (checks only; payable to Northport Public Library; non-refundable)

Itinerary: Narrated cruise to the outermost Norwalk Islands aboard Mr. Lucky. Luncheon at the charming Three Bear Inn. Spend the afternoon at the Maritime Center featuring the aquarium, the Imax theater, and the Maritime History Museum.

Register in person (limit 2 on first day of ticket sale) at the East Northport Library beginning May 2.

Note: Italic type indicates Children's Programs.

Enrollment in our programs is limited, with preference given to district residents. Tickets limited to 2 per patron on the first day of registration. The Northport-East Northport Public Library encourages all residents to participate in programs and activities. Please let us know in advance if you require any special accommodations because of a disability.

*Pre-registration or tickets required for this program. Occupancy of our meeting room is limited.

Seniors . . . It's the Prime Spot for Prime Time . . . The Library!



Your senior years are a time when responsibilities shift, when you are no longer on call to make another sandwich or pour another glass of juice. You have more time to do what you want, when you want — it's prime time.

Now is the time to enjoy a personal renaissance and nurture your interests — consider a second career, learn a new language, revisit an old hobby. The public library is the place to begin these personal pursuits. For a special collection of books based on your unique interests, look for the Prime Time label on the book spine. At the East Northport Library, books are interfiled by subject (Dewey decimal



number), so the gold Prime Time label makes them easy to spot. The "prime time" collection continues to grow with books about travel, education, senior living, financial and health concerns, including such titles as *Have Grandchildren, Will Travel: The Hows and Wheres of a Glorious Vacation with Your Children's Children* by Virginia Spurlock and *Unbelievably Good Deals and Great Adventures That You Can't Get Unless You're Over 50* by Joan Rattner Heilman.

Book some time for books. Check out by-gone bestsellers and read what you've missed. Why not "read" while you garden, when you take a drive, as you walk in the park — you never have to put down an audio book; it goes where you go. Combat eye fatigue and choose a large print edition. Easy on the eyes, the large print book collection is also growing. Often, favorite authors and bestselling titles are available in large print editions as soon as the original version is published. If you cannot visit the library due to a temporary or permanent medical condition, our librarians will be happy to choose materials based on your interests, which will be delivered to your home.



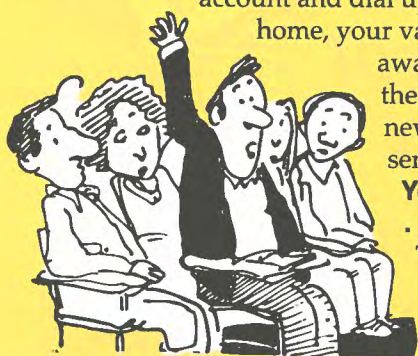
Take time to talk about the books you've read by joining the library book and short story discussion groups. Dates and times for Novel Ideas and Book & Sandwich (W)rap are listed in the monthly library newsletter.

Make connections and reconnect. Search the Internet for family and friends from days gone by, send an e-mail message across the country or to another country, visit websites that match your interests and satisfy your curiosities. Access the Internet through the library's NETWALK Internet stations or apply for an Internet account and dial up the web from your home, your vacation home, your home

away from home. (Refer to the back page of this newsletter for a listing of senior-specific websites).

You're in a special class . . . return to school!

Take an adult education course or work toward a college degree. In the library's college and



career center you'll find local adult education listings and college course catalogs. *What Color is Your Parachute?* Start a second career by first consulting this "practical manual for job-hunters and career changers," and go from there. The library's career guidance collection is complete and current.

Money Matters . . . take stock of your investments by keeping up with *ValueLine Investment Survey* and *Morningstar Mutual Funds*. Stay on top of the market with the business

data on the SearchBank computers. Searchbank's indexes are updated

daily and will lead you to market research reports, company annual reports, and industry forecasts. The library's Concerned Consumer program series gives you the opportunity to hear speakers on a variety of financial, investment, and other consumer topics. Watch the library newsletter for announcements of future programs.

Rules of the Road AARP's 55/Alive Driver Education programs are regularly offered at the library. Refresh your driving skills and save on your auto insurance by taking this course every three years.

Leave the Driving to Us . . . and Book-A-Trip

Sign up for library bus trips to museums, theater, gardens, and historic sites. We handle the tickets, make the lunch reservations, and navigate the traffic. You sit back, relax and enjoy the ride!

Take a break and sip a cup of coffee, tea or cocoa from the Library Cafe. What could be more relaxing — a favorite beverage and pastry enjoyed with a favorite friend or a favorite book or magazine. Like music with your coffee? Our Fireside Friday series offers musicians, singers, poets and more for you to savor.

Experience prime time to the max at the prime spot — your library!



— For Children —

Northport High School's Theatreworks

proudly presents

The Commedia Princess and the Pea



Saturday, June 6
11:00 a.m. & 1:00 p.m.

Northport High School's Theatreworks brings to life this classic story of a princess, a Mezzetino and, of course, a pea. The Hans Christian Andersen fairy tale, adapted by Lane Riosley and Rebecca Byars, includes a cast of Commedia dell'Arte players: Columbine, a common girl; Arlequin, a mischievous and clever imp; the bombastic Punchin; Rosetta, a country girl who fancies herself a lady; and a troupe of commedia players creating their own fanciful antics. Come and enjoy this zany send-up of *The Princess and the Pea!*

Free tickets are available in the Children's Room beginning May 23.

The Bookmark Spot

Stop by the library and pick up May's bookmark by Jonathan Estrada. A special reading list, compiled by our children's librarians, is on the back.



What rhymes
with read?
HINT...
Plant one
today!

Seed : ANSWER
Jonathan Estrada

TOILET LEARNING

Monday, May 18, 7:00 p.m.

Is your child ready to begin toilet learning? Parent educator Leah Dombroff from the Cornell Cooperative Extension of Suffolk County will present an informative program on this topic. Your questions are welcome. Please register beginning May 4.

TEDDY BEARS PICNIC

Tuesday, May 26, 9:30 a.m.
Children ages 18-36 months
with parent/caregiver

Bring your special teddy bear to this fun-filled storytime picnic. Registration begins May 12.



On Display in Children's Services:

Stop by the Children's Department and see this month's special display celebrating National Family Month. Handouts will be available to help you create your own family record.

— For Young Adults —



Reid



Wright

NEW YORK STATE YOUNG BOATERS LICENSE COURSE

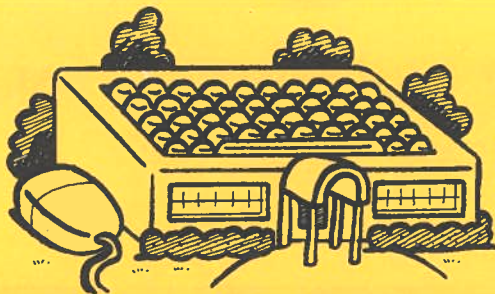
Thursdays: May 21 & 28, June 4, 11 & 18

Wednesday: June 17 all sessions 7:00-9:00 p.m.

Ahoy Mates! Now Hear This! New York State and the Town of Huntington require 10 to 18 year-olds who will be operating a boat or personal watercraft to have a New York State Young Boater's License. Your library offers the official boating safety course conducted by the U.S. Coast Guard Auxiliary. Upon successful completion of this six-session course, the auxiliary will present you with the official certificate, identification and patch. You do not need this course if you have a certificate from a course approved by the National Association of State Boating Law Administrators.

Registration for this free course is limited and district residents are given preference. Registration begins Wednesday, May 6 at the East Northport Library. If you have any questions about the program, please call Mrs. Romer, Young Adult Librarian, at 261-2313.





WEBOGRAPHY

Sites For Seniors – Serious and Not So

Carl Sagan's "billions and billions" never confronted the World Wide Web which is rapidly catching up to his estimation of number of objects in the universe. Whittling it down just a bit, we offer some practical sites and some that are pleasant diversions.

Senior News Network (<http://seniornews.com>) features online magazine versions of *Grand Times*, *Maturity USA*, *New Choices*, and others. A community calendar and town hall provide links to additional sites in this mall of senior resources.

ThirdAge (<http://thirdage.com>) calls itself "the web for grownups" and explores healthy living, money matters, "passions and pursuits," spirituality and more.

The Retirement Net (<http://www.retirenet.com>) emphasizes retirement communities including assisted living facilities, "active retirement" developments and links to seasonal and resort properties.

AARP Webplace (<http://www.aarp.org/>) is a senior source for information and research, volunteer and community programs, legal issues, and member benefits.

The Retirement Zone (<http://www.bookpage.com/kiplinger>) explores your retirement needs, ways to build your nest egg, how boomers can avoid a bust, and a checklist for retirement.

Elderhostel (<http://www.elderhostel.org>) is a non-profit organization providing educational adventures all over the world to adults age 55 and over.

Fodor's (<http://www.fodors.com>) offers many services on the web to people planning trips in addition to their well-known travel guides in print.

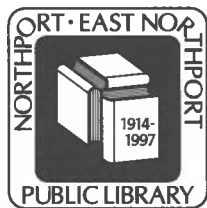
Epicurious Food (<http://www.epicurious.com>) is the place to find more than 7,600 recipes from *Bon Appetit* and *Gourmet*.

Hobby World (<http://www.hobbyworld.com>) provides links to wherever your interests lie from amateur radio and genealogy to golfing and windsurfing.

The Internet Movie Database (<http://us.imdb.com>) covers more than 120,000 films with plot summaries, full credits and links to reviews. A good place to relax and choose your videos.

To browse many more interesting web sites, try your Northport-East Northport Library web site at <http://www.suffolk.lib.ny.us/libraries/netwalk>.

ACCESS TO YESTERDAY • HELP FOR TODAY • A PLAN FOR TOMORROW
THE LIBRARY IS A GOOD PLACE TO START.



Northport-East Northport Public Library

151 Laurel Avenue
Northport, N.Y. 11768
(closed for renovation)
(516) 261-6930

185 Larkfield Road
East Northport, N.Y. 11731
(516) 261-2313

NETWALK@suffolk.lib.ny.us

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Ruth McKay

LIBRARY DIRECTOR: Stephanie Heineman
ASSISTANT DIRECTOR: Eileen Minogue

EDITORS: MaryEllen Moll, Nancy Morcerf

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HOURS

9 to 9 Monday thru Friday
9 to 5 Saturday
1 to 5 Sunday

May 1998

ECRSWS
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Preserve a forest . . .
borrow from your library.



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A Monthly Guide to Your Library, Its Programs & Services